

FOR IMMEDIATE RELEASE

THERE'S SOMETHING IN THE AIR AT SALISH LODGE & SPA

New package at mountain lodge to take advantage of mood-boosting negative ions found in nature

Snoqualmie, Wash. (September 4, 2007) – As the days get darker and summer comes to a close in the Pacific Northwest, Salish Lodge & Spa, a romantic mountain resort located 30 minutes east of Seattle, is inviting guests to boost their mood this winter with the new “Negative Ion” package. Negative ions are odorless, tasteless and invisible molecules found near mountains, waterfalls and beaches that are proven to have mood boosting qualities.

The “Negative Ion” package was developed to take advantage the lodge’s mountain setting above the 268-foot Snoqualmie Falls, where these mood-boosting molecules are found in abundance. The package will be available when daylight savings time ends on November 4, 2007, and will run through March 9, 2008 when daylight savings begins.

A variety of experiences have been bundled to create the ultimate “attitude adjustment” as the days get darker and the sunshine fades. Guest who book the “Negative Ion” package will receive:

- One-night accommodations in a luxurious guestroom complete with wood-burning fireplace.
- A pine needle polish in the Spa at Salish Lodge, a full-body treatment developed to replicate the calming experience of walking through a pine forest.
- A special dinner for two in the dining room, where Executive Chef Roy Breiman has created a seasonal menu that will feature a variety of good-for-your-attitude and healthy ingredients with foods high in omega 3 fatty acids as well as mood-elevating herbs such as sweet oregano, touted for its antioxidant benefits.
- A guided meditation near the 268-foot Snoqualmie Falls, developed to maximize exposure to negative ions.

“Many people are aware of the calming feelings nature can bring about, but most are not aware the there is a scientific explanation for this calming experience,” said Joan Southon, spa director at Salish Lodge. “I am really excited about this package, because we are able to harness these mood-boosting molecules and package them with spa and dining experiences to create a holistic, mood elevating experience.”

“The Dining Room at Salish Lodge always strives to offer unforgettable experiences, but this one will be unlike anything else, said Roy Breiman, executive chef at Salish Lodge. “We are looking forward to creating these seasonal menus that will enhance the mood while still providing that exceptional dining experience.

The “Negative Ion” package starts at \$599 per night and is available Monday through Thursday from November 4, 2007, through March 9, 2008 and does not include tax or lodge fees. Restrictions apply and the package is subject to availability. For more information and to make reservations, call 1-800-2-SALISH or visit www.salishlodge.com.

About Salish Lodge & Spa

Consistently ranked among the best small resorts in the world, the AAA Four Diamond Salish Lodge & Spa overlooks the 268-foot Snoqualmie Falls. Each of its 89 guest rooms has a bedside wood-burning fireplace, two-person whirlpool tub, goose-down comforter, feather bed and balcony or window seat. The resort offers a variety of recreational activities, treatments at the award-winning Spa, Chef Roy Breiman’s seasonal cuisine, an award-winning wine list and personalized service. The resort is located 30 minutes east of downtown Seattle, within 40 minutes from Seattle-Tacoma International Airport and three hours from Vancouver, B.C. and Portland, Oregon. For more information or reservations, please call 1-800-2-SALISH or visit www.salishlodge.com.

About Columbia Hospitality, Inc.

Columbia Hospitality, Inc., a leading hospitality management and consulting firm, was founded in 1995 by John Oppenheimer. Columbia Hospitality creates exceptional experiences for guests and employees while achieving phenomenal results for its property owners. Specializing in luxury hotel and resort management, Columbia Hospitality expertly transforms each vision for a unique property into an enduring and profitable business.

Columbia Hospitality's premier properties include boutique hotels and secluded resorts including the following:

- Kenwood Inn and Spa in Sonoma County, Calif.
- The Inn at Langley on Whidbey Island in Washington state
- Friday Harbor House on San Juan Island in Washington state

The company also manages a portfolio of conference centers and event venues in Washington state, including the Bell Harbor International Conference Center in Seattle. The company additionally supports an active consulting division that has worked on more than 50 hospitality development projects in five western U.S. states and Canada. For more information on Columbia Hospitality, Inc., visit www.columbiahospitality.com.

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